ATTENTION

PARENTS & ATHLETES:

In order to be <u>eligible</u> to participate in Athletics or any UIL sporting event, you must complete the **PHYSICAL** and the **ELECTRONIC PARTICIPATION FORM ONLINE**.

To access each one of these go to:

montgomeryisd.rankonesport.com

- 1. Click proceed to online forms
- 2. Continue as a guest (do not make an account)
- 3. Click on the first hyperlink which is the MISD Emergency Card
- Enter the student's first name, last name, and student ID number.
 Make sure you **do not begin the student ID number with a 0.
- 5. Please fill out the ENTIRE form. Something must be put in EVERY box in order for it to be submitted. For example, if he/she has no history of diabetes then put N/A or none.
- 6. On the bottom of the form it asks for an email address. Once the form is submitted, it will send a confirmation email saying it has been received.
- 7. Continue with the other 3 forms

*** Do not leave anything blank. After you complete each form you will press the submit key. Do not print forms. You will receive verification emails confirming you have completed and submitted the forms.